

# Free Spirit Acupuncture NL

WOMEN'S HEALTH · INTEGRATIVE MEDICINE

## TREATMENT PACKAGES

Effective 2026 —  
[www.freespiritacu.com](http://www.freespiritacu.com)

**Please note:** All new patients must complete an Initial Appointment (75–85 min, €110) before booking any follow-up sessions or packages. Packages are booked and paid for directly with Annette — contact her by email or WhatsApp to arrange. An invoice is provided upon payment.

### FERTILITY & REPRODUCTIVE HEALTH — STANDARD SESSIONS (45–55 MIN)

#### Fertility support

Natural conception & cycle regulation

**€296**

4 sessions · €74/session  
Save €24

#### Fertility support

Natural conception & cycle regulation

**€432**

6 sessions · €72/session  
Save €48

#### Fertility support

Natural conception & cycle regulation

**€563**

8 sessions · €70/session  
Save €77

#### IVF & ART support

Protocol-synced, pre/post transfer

**€296**

4 sessions · €74/session  
Save €24

#### IVF & ART support

Protocol-synced, pre/post transfer

**€432**

6 sessions · €72/session  
Save €48

#### IVF & ART support

Protocol-synced, pre/post transfer

**€563**

8 sessions · €70/session  
Save €77

### RPL & PREGNANCY LOSS — EXTENDED SESSIONS (75–85 MIN)

#### RPL & pregnancy loss support

Trauma-sensitive, extended sessions

**€418**

4 sessions · €104/session  
Save €22

#### RPL & pregnancy loss support

Trauma-sensitive, extended sessions

**€594**

6 sessions · €99/session  
Save €66

### PREGNANCY & BIRTH — STANDARD SESSIONS (45–55 MIN)

### Pregnancy wellness

All trimesters, ongoing support

**€296**

4 sessions · €74/session  
Save €24

### Pregnancy wellness

All trimesters, ongoing support

**€432**

6 sessions · €72/session  
Save €48

### Pregnancy wellness

All trimesters, ongoing support

**€563**

8 sessions · €70/session  
Save €77

### Labour preparation

From 36 weeks, weekly sessions

**€228**

3 sessions · €76/session  
Save €12

### Labour preparation

From 36 weeks, weekly sessions

**€296**

4 sessions · €74/session  
Save €24

## FOURTH TRIMESTER — STANDARD SESSIONS (45-55 MIN)

### Postpartum recovery

First 6 weeks, home visits available

**€228**

3 sessions · €76/session  
Save €12

### Postpartum recovery

First 6 weeks, home visits available

**€296**

4 sessions · €74/session  
Save €24

### Postpartum recovery

First 6 weeks, home visits available

**€432**

6 sessions · €72/session  
Save €48

### Trauma & difficult birth recovery

Trauma-sensitive — Extended Sessions (75-85 min)

**€418**

4 sessions · €104/session  
Save €22

### Trauma & difficult birth recovery

Trauma-sensitive — Extended Sessions (75-85 min)

**€594**

6 sessions · €99/session  
Save €66

## DOLPHIN NEUROSTIM — C-SECTION & SCAR RELEASE THERAPY

### Neurostim — focused

Smaller areas (15-25 min)

**€200**

3 sessions · €67/session  
Save €10

### Neurostim — focused

Smaller areas (15-25 min)

**€257**

4 sessions · €64/session  
Save €23

### Neurostim — comprehensive

Larger/multiple areas (45-55 min)

**€285**

3 sessions · €95/session  
Save €15

### Neurostim — comprehensive

Larger/multiple areas (45-55 min)

**€368**

4 sessions · €92/session  
Save €32

Dolphin Neurostim sessions can also be provided as a home visit, in the comfort of your own home. Please contact Annette directly to arrange.

**Reimbursement:** Sessions may be partially reimbursable through your aanvullende zorgverzekering. An invoice is provided upon payment for you to submit to your insurer directly. Payment via Tikkie or bank transfer.

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**CANCELLATION POLICY**

More than 48 hours before appointment: no charge · 24-48 hours before: €25 · Less than 24 hours or no-show: 100% of the session fee.

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annette@freespiritacu.com · +31 (0)6 15 415 930 · www.freespiritacu.com

KvK 78260566